



School Name:
Date:

The Primary School
10/10/19

STRATEGIES	CURRENT POLICY	STRENGTH OF CURRENT POLICY			IMPLEMENTATION OF CURRENT POLICY					NOTES
		Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	
<i>These are the strategies that you will be working to write into policy.</i>	<i>Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.</i>									<i>Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.</i>
Provide healthy choices for snacks and celebrations; limit unhealthy choices.	Celebrations and parties. The Primary School will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas.	X			X					The Wellness team has been working hard on making sure that all celebration snacks are healthy and that we provide a list of alternative healthy snacks to bring to school.
Provide water and low-fat milk; limit or eliminate sugary beverages.	The Primary School is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk ; moderate in sodium, low in saturated fat, and zero grams trans-fat per serving (nutrition label or manufacturer's specification)... To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day and throughout the school campus. The Primary School will make drinking water available where school meals are served during mealtimes.	X			X					We have to make sure that our Food Servers are providing both fat free and low-fat milk to our students during their meal service
Provide non-food rewards.	Rewards and incentives. Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior.	X			X					



<p>Primarily non-food items should be sold through school fundraising activities.</p>	<p>Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus* during the school day*. The Primary School will make available to parents and teachers a list of healthy fundraising ideas</p>	<p>x</p>			<p>x</p>					
<p>Provide opportunities for children to get physical activity every day.</p>	<p>All students will be provided equal opportunity to participate in physical education opportunities. The Primary School will make appropriate accommodations to allow for equitable participation for all students and will adapt physical education classes and equipment as necessary. Outdoor recess will be offered when weather is feasible for outdoor play.</p>	<p>x</p>			<p>x</p>					
<p>The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment.</p>	<p>Physical activity during the school day (including but not limited to recess, physical activity breaks, or physical education) will not be withheld as punishment for any reason.</p>	<p>x</p>			<p>x</p>					
<p>Limit recreational screen time. <i>(School based screen time)</i></p>	<p>The Primary School will integrate wellness activities across the entire school setting, other food and beverage venues, and physical activity facilities. The Primary School will coordinate and integrate other initiatives related to physical activity, physical education, nutrition, and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives promoting student well-being and optimal development.</p>	<p>x</p>			<p>x</p>					